



May HS/MS Lunch Menu Riverside School District

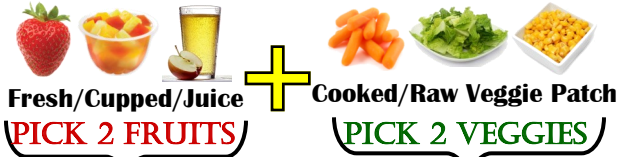
GF = Gluten-Free Ingredients **V** = Vegetarian Ingredients



Veggie Grab Bag: Daily Raw Veggie Choices

Carrots, Cucumbers,
Toasty Bean Bites,
Broccoli, Mixed
Patch

Choose 1 Entrée.
You May Take 2 Fruit & 2 Veggie Choices!



Fresh/Cupped/Juice
PICK 2 FRUITS

Cooked/Raw Veggie Patch
PICK 2 VEGGIES

THINK BALANCE!

A Balanced Tray ... **Grain** ~ **Protein** ~ **Fruit** ~ **Vegetable** ~ **Milk**

Let's Go
Rams

Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Corn Dogs <u>Sides:</u> Baked Beans Veggie Grab Bag	Pasta w/ Meat Sauce w/ Garlic Toast <u>Sides:</u> Gotta Get Em Green Beans Veggie Grab Bag	Bacon ,Chicken & Ranch On a Roll <u>Sides:</u> Veggie of the Day Veggie Grab Bag	Chicken Nuggets w/ Roll <u>Sides:</u> Rainbow Veggie Medley Veggie Grab Bag	Pizza By The Slice V <u>Sides:</u> Garden Salad Veggie Grab Bag
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Buffalo Chicken Cheese Steak On a Roll <u>Sides:</u> Veggie of the Day Veggie Grab Bag	Nachos Grande GF w/ Corn Chips & Toppings <u>Sides:</u> Sweet Corn Veggie Grab Bag	Hot Turkey On White Bread <u>Sides:</u> Mashed Potato- Gravy Veggie Grab Bag	Pizza By the Slice <u>Sides:</u> Garden Salad Veggie Grab Bag	1/2 Day No Lunch
Nat'I Choc Chip Cookie Day!	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Meat Ball On a Torpedo Roll <u>Sides:</u> Side-Chocolate Chip Cookie Veggie Grab Bag	Asian Chicken & Broccoli Over Rice/Fortune Cookie <u>Sides:</u> Steamed Broccoli Veggie Grab Bag	Grilled Cheese w/ Tomato Soup <u>Sides:</u> Veggie of the Day Veggie Grab Bag	Pizza By The Slice V <u>Sides:</u> Kale Salad Veggie Grab Bag	Cook-Out Hot Dogs- Hamburgers <u>Sides:</u> Baked Beans-Chips-Fruit
Nat'I Vanilla Pudding Day!	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday- May 26
Breakfast for Lunch Breakfast Sandwich <u>Sides:</u> Hash Brown Potato-Vanilla Pudding Veggie Grab Bag	In-Service Day No School	Hot Ham & Cheese On a Roll <u>Sides:</u> Veggie of the Day Veggie Grab Bag	BBQ- Chicken & Breadstick <u>Sides:</u> Mashed Potatoes Veggie Grab Bag	Pizza By The Slice V <u>Sides:</u> Caesar Salad Veggie Grab Bag
Monday-May 29	I LOVE the USA!	Wednesday-May 31	Lunch Prices: Regular Lunch \$2.55 ~ Extra Entrée: \$2.00 ~ Reduced: \$0.40 ~ Adult: \$3.30 ~ Milk: \$0.55 *Menu subject to change Food Service Director: Arlene McBride riv@nsfm.com Phone: 856-461-1255 ext 1140	
Memorial Day- No School "My fellow Americans, ask not what your country can do for you- ask what you can do for your country!" <i>-John F. Kennedy</i>	No school	Rib-E-Que On a Roll <u>Sides:</u> Mashed Potatoes- Fruit Veggie Grab Bag		

This institution is an equal opportunity provider.

Milk: Skim White Skim Chocolate Skim Strawberry 1% White